



**Middle Section**  
**Royal College - Colombo 07**  
**Second Term Test - 2010**

**Grade 8**

**Time : 02 hours**

**Life Competencies & Citizenship Education**

**Name :** .....

**No :** .....

**Under line the correct answer.**

01. Most of what we do and say every day originate from .....
- i. thoughts
  - ii. previous actions
  - iii. heredity
  - iv. environment
02. A philosopher who brought about a vast revolution in the world at the age of 65 was,
- i. Michael Angelo
  - ii. Isaac Newton
  - iii. Socrates
  - iv. Mahathma Ganci
03. The principal factor that has a strong influence on individuals' thoughts is,
- i. school
  - ii. peer - group
  - iii. family
  - iv. religious places
04. Wholesome thoughts are not developed by,
- i. Good books and magazines
  - ii. Exemplary biographies
  - iii. Associating good friends
  - iv. Associating different age groups
05. Physical reactions resulted by " Anger" are,
- i. sighing, crying, wailing
  - ii. widening eyes, shouting, shivering of limbs
  - iii. shivering of lips and limbs, face reddening and movements of muscles in face
  - iv. jumping, shouting, keeping silence

06. Example for expressing emotions positively is,
- i. Donating a house in memory of ones dead mother
  - ii. Damaging a house by stoning
  - iii. Trying to commit suicide
  - iv. Spending time in hatred and anger
07. The reason for arising conflicts in the society is that,
- i. different ideas and opinions of different people
  - ii. people with same ideas flocking together
  - iii. people being engaged in meditation programmes
  - iv. laws and punishments imposed by the state
08. The skills and qualities that should be developed for the resolution of conflicts are,
- i. listening attentively, positive thinking aggressiveness
  - ii. violence, friendliness, kindness
  - iii. friendliness, patience, respecting others' views
  - iv. anger, aggression, silence
09. This is not a common characteristic of public services
- i. All can obtain these services without restriction
  - ii. Aiming at social security
  - iii. Providing special concessions to low-income groups
  - iv. services provided, vary from person to person
10. Although Sri Lanka has achieved a satisfactory progress in the field of health, there is yet a tendency for a decline in the people's interest in the prevention of certain diseases. The following is not a reason for it.
- i. not following good health habits
  - ii. not taking nutritious food
  - iii. not supporting community health programmes
  - iv. not being engaged in suitable exercises

11. The age group for which education is made compulsory is,
- i. 6-14 years                      ii. 5 – 14 years                      iii. 6 – 13 years                      iv. 5 – 13 years
12. Public services which contribute to holding clinics, facilitating day to day activities and preparation of food respectively are,
- i. Health, water, transport                      ii. Education, transport, water  
 iii. Electricity, health, transport                      iv. Health, transport, water
13. This is not a characteristic of a democratic way of life
- i. Working in co-operation with others                      ii. Giving prominence to individual needs  
 iii. Respecting the will of the majority                      iv. Reaching consensus through discussion
14. Underline the wrong statement
- i. Exploiting child labour should be abolished  
 ii. People have the right to become members of associations and unions  
 iii. Only the relations should be helped in an emergency  
 iv. Engage in sports activities without neglecting studies
15. Most appropriate statement regarding the democratic features prevailing within the school is,
- i. equal educational opportunities                      ii. right to express ones own opinions  
 iii. establishing a society with least conflicts                      iv. arriving at decisions through discussion

Match A and B

A

B

- |   |                               |
|---|-------------------------------|
| 16. Right for proper protection                         | Child right                   |
| 17. Helping others in need                              | a right for participation     |
| 18. Being engaged in sports and recreational activities | a duty of children            |
| 19. Contribution towards social welfare                 | a duty related to development |
| 20. following good health habits                        | a duty related to survival    |

## Part II

### Answer 5 questions

01. “Awareness of various customs, traditions, and concepts of people in a multi cultural society is necessary to live in peace and harmony.”

The field trip organized under the school based assessments was aimed at promoting the above idea. (2 Marks)

i. Name two places you visited, depicting the identity of two cultures.

a. ....

b. ....

ii. What are the two religions associated with the above two places. (2 Marks)

a. ....

b. ....

iii. Write 2 services rendered by above two places to those who follow other religions.

(2 Marks)

a. ....

.....

b. ....

.....

iv. Describe how the field trip was organized in 3 sentences. (3 Marks)

a. ....

.....

b. ....

.....

c. ....

.....

v. Write 3 leadership qualities you have observed in your group leader. (3 Marks)

a. ....

b. ....

c. ....

vi. Draw the cover page of the booklet you designed after the field trip. (4 Marks)

02. i. Where do the thoughts generate from ? (3 Marks)

.....

ii. Write 2 examples each for wholesome and unwholesome thoughts . (4 Marks)

- |         |         |
|---------|---------|
| 1. .... | 1. .... |
| 2. .... | 2. .... |

iii. Write 4 sources that develop wholesome thoughts . (4 Marks)

- |         |         |
|---------|---------|
| 1. .... | 2. .... |
| 3. .... | 4. .... |

03. i. Write 3 examples for simple mental stresses. (3 Marks)

- |         |         |
|---------|---------|
| 1. .... | 2. .... |
| 3. .... |         |

ii. Write 2 causes for mental stresses . (4 Marks)

- |         |
|---------|
| 1. .... |
| 2. .... |

iii. Write 4 methods of effective control of mental stresses. (4 Marks)

1. ....
2. ....
3. ....
4. ....

04. i. Write 3 characteristics of a democratic way of life. (3 Marks)

1. ....
2. ....
3. ....

ii. Write 2 democratic features found within a family . (4 Marks)

1. ....
2. ....

iii. Describe how the democratic pattern of life helps in establishing of a good society.

(4 Marks)

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05. i. Write a conflicting situation you faced in the class room. (3 Marks)

.....

.....

.....

ii. What were the measures taken in order to resolve that situation. (4 Marks)

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.....  
.....  
.....  
.....  
.....

iii. Write 4 suggestions to minimize conflicts in the society. (4 Marks)

1. ....
2. ....
3. ....
4. ....

06. i. Write 3 languages spoken in Sri Lanka depicting cultural diversity. (3 Marks)

.....  
.....  
.....

ii. Complete the following table. (8 Marks)

<b>Buddhist</b>		<b>Hindu</b>		<b>Islam</b>		<b>Christian</b>	
Festival	Custom	Festival	Custom	Festival	Custom	Festival	Custom
Vesak			Milk Rice is Prepared with fresh rice just after harvesting			Christmas	