

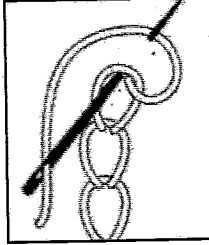
18. Select the correct statement regarding the preparation of the preserved food, tomato chutney.
- (1) The preserving agents used are sugar and salt.
 - (2) Addition of sugar inhibits the growth of microorganisms.
 - (3) Addition of salt decreases the pH of the food.
 - (4) Packaging is done just after the preparation.
19. A common secondary sex characteristic during adolescence is
- (1) softening of voice.
 - (2) growth of muscles.
 - (3) increase of height and weight.
 - (4) broadening of shoulders.
20. Select the **incorrect** statement regarding the development during adolescence.
- (1) Tends to take decisions considering the results.
 - (2) Tries to be prominent among others.
 - (3) Limbs grow faster in relation to the body.
 - (4) female and male children attain puberty at the same age.
21. When the overall development during adolescence is considered, an unstable and a drawback nature is observed in the
- (1) physical development.
 - (2) social development.
 - (3) intellectual development.
 - (4) emotional development.
22. What is the incurable disease from the following sexually transmitted diseases?
- (1) Syphilis
 - (2) AIDS
 - (3) Gonorrhoea
 - (4) Chlamydia
23. What is the correct fact regarding the female reproductive system?
- (1) The mature ova are kept stored in the ovaries.
 - (2) Once in 28 days, an ovary releases a mature ovum.
 - (3) The production of oestrogen and progesterone starts as the ovaries are formed.
 - (4) The zygote formed after fertilization gets implanted in the uterus.
24. A nutrient given to a pregnant mother at an antenatal clinic is
- (1) vitamin A.
 - (2) vitamin C.
 - (3) vitamin D.
 - (4) vitamin E.
25. A testing done in an antenatal clinic only once during a pregnancy is the
- (1) blood group.
 - (2) blood glucose level.
 - (3) blood pressure.
 - (4) haemoglobin level of blood.
26. A neonate is identified as the infant during the
- (1) first two days from birth.
 - (2) first week from birth.
 - (3) first two weeks from birth.
 - (4) first four weeks from birth.
27. Select the correct response regarding colostrum.
- (1) It is important for the immunity of the infant.
 - (2) It is an essential fatty acid present in the breast milk.
 - (3) It is the breast milk secreted within the first few months.
 - (4) It is a hormone present in breast milk.
28. What is the hormone that is important for the production of breast milk during the lactating period?
- (1) Androgen
 - (2) Oestrogen
 - (3) Prolactin
 - (4) Thyroxine
29. The two diseases prevented by the Pentavalent vaccine given to infants are
- (1) Whooping cough and Tetanus.
 - (2) Measles and Hepatitis B.
 - (3) Diphtheria and Rubella.
 - (4) Mumps and Tuberculosis.

30. Select the correct statement regarding the different methods of sewing.

- (1) Back stitch is suitable to finish the raw edges.
- (2) Running stitch is identified as a temporary method of sewing.
- (3) Herringbone stitch is used for shadow work.
- (4) In the Tailor's stitch the moving thread is not visible from the wrong side.

31. The stitch shown in this diagram is the

- (1) Chain stitch.
- (2) Blanket stitch.
- (3) Stem Stitch.
- (4) Cross Stitch.



32. Consider the following facts.

A – When sewing specimens, much attention should be given to the finish of the correct side of the fabric.

B – Before sewing the cross stitch a few warp threads of the cloth should be removed.

C – The variation in cotton fabrics depends on the weave and the finish.

The correct fact/facts is/are

- (1) A only.
- (2) C only.
- (3) A and B only.
- (4) B and C only.

33. What is the property of cotton fibre/cloth?

- (1) When pulled hard, the broken ends show sharp edges.
- (2) When rubbed, feels a stretchable nature.
- (3) When ironing, high temperature could be used.
- (4) When put into water, get soaked slowly.

34. Two types of fabrics most suitable for a baby shirt are

- (1) Voile and Linen.
- (2) Linen and Poplin.
- (3) Poplin and Malpiece.
- (4) Malpiece and Voile.

35. In securing privacy in a bathroom of the house, it is most suitable to have

- (1) fan lights.
- (2) windows.
- (3) grills.
- (4) ventilation holes.

36. Which is the most important fact regarding the ventilation of a house?

- (1) Decreasing the height of the walls
- (2) Building near mountain slopes
- (3) Painting cool colours
- (4) Making indoor gardens and ponds

37. In a house, translucent glass is most suitable for windows of the

- (1) kitchen.
- (2) living room.
- (3) bedrooms.
- (4) dining room.

38. What is the intermediate colour?

- (1) Yellow purple
- (2) Blue orange
- (3) Red orange
- (4) Red green

39. Select the response that includes the correct steps of household resource management.

- (1) Organizing, Implementing and Observing and Evaluating.
- (2) Planning, Organizing, Implementing and Evaluating.
- (3) Observing, Implementing, Organizing and Evaluating.
- (4) Planning, Organizing, Observing and Evaluating.

40. A fact that should **not** be considered when planning a household budget is the

- (1) number of family members.
- (2) savings.
- (3) additional expenditure.
- (4) gender of the members.

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3. (i) Define the term 'food'.
(ii) Write **three** points to be considered when preparing food so as to retain their quality characteristics.
(iii) Plan a menu of a special lunch suitable for a guest.
4. (i) Mention **three** symptoms of calcium deficiency that occur during small age.
(ii) 'It is important to include fibre in the daily diet'. Give **three** reasons for this.
(iii) Explain **four** factors affecting malnutrition among children.
5. (i) Write **three** advantages of household resource management for the members of the family.
(ii) 'Time and electricity are two resources important in household management'. State with examples, **three** different forms of electrical energy used in household activities.
(iii) Explain with a diagram each, the instances of showing formal and informal balance in home decoration.
6. (i) State **three** risk factors of pregnancy.
(ii) Write **three** points that should be followed when preparing weaning (additional) foods to an infant.
(iii) Explain the social development during infancy with reference to **four** facts.
7. (i) Identify 'menopause'.
(ii) State **three** sensations of a neonate and write **one** reflex action shown for each of them.
(iii) 'Peer group relationships have positive and negative impacts on the development of adolescents'. Discuss giving **four** facts.

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