Gr	ade 9	9	Μ	id Ye	ar Exai	nina	tion -	2015		Healt	th and	Phys	sical	Educa	tion
Answer Paper - Part I															
01	2	02	3	03	1	04	4	05	3	06	2	07	2	08	3
)9	1	10	4	11	\checkmark	12	×	13	\checkmark	14	×	15	\checkmark		
16	Neth	ball	17	Gyr	nnastic	18	Boa	tman's	knot	19	1x20)m	20 N	Iental s	stress
												(2	2 × 20	= 40 n	narks
							Pa	rt II							
01	(1)	Cooking food, the place of camping, Cleanliness, Creating campfire, Campfire display etc., (04m.)													
	(2)	Give marks for the type of hearth and the way of preparing it. (04m.)													
	(3)	Give marks for the relevant campfire. (03m.)													
	(4)	(4) Maintaining discipline and ethics / Be sure that the ground is safe for it / Appoint a person who knows about arranging campfire / Keep ready some raw leaves, wet gunny bags etc. (04m.)													
	(5)	Develop unity / Work as a team / Face challenges successfully / Build up leadership qualities. (05m.)													
02	(1)	Phys	ical ski	lls/M	ental ski	lls/S	locials	skills	etc	e., (03m	.)				
	(2)	Frien	dly cha	arts, Ei	ngage in	publi	c wor	k, Shar	e happi	ness. (()3m.)				
	(3)	Contr	olling o	ofemo	tions, Ide	ntifyi	ng the	way of	express	sing fee	lings, c	ontrol	anger	etc., (04 m.)
03	(1)	C - hand stretched side ways parallel to the ground. E - hands in front without bending at elbow.													
							•		x 3 = 00	5)					
	(2)	G - hands sideways parallel to the ground. $(2 \times 3 = 06)$ bend hand at elbow and keep them in front at chest level / skip raising the alternate knee up													
	()	without bending the knee. $(2 \times 2 = 04)$													
04	(1)	Build up unity and co-operation / Develop team spirit / Develop the ability to perform well / Develop the ability to face challenges (03m.)													
	(2)	Develops speed, can change immediately etc., (03m.)													
	(3)	Chance to serve First/Select the side of the court. (03m.)													
	(4)	Spiki	ingline	(01 m .)										
05	(1)	A-30.5m B-15.25m C-4.9m (03m.)													
	(2)	Centre (C) (02m.)													
	(3)	Inside the C goal circle. (02m.)													
	(4)	Stay at the back of the opposing partner / Study the movements of the partner / Stick to the partner without contact. (03m.)													
06	(1)	Horiz	zontal -	Long	jump, T	ipple	jump/	Vertica	al - Hig	hjump	, Pole	vault (0)4m.)		
	(2)			-	B - Ea		-		-	stern re					
		D - S	traddle	ejump	/	E - F0	osbury	v flop (C	3m.)						
	(3)	3 - Pc	ower po	osition	/4-Rel	ease/	5 - Fo	llow th	rough (03 m.)					
07	(1)	Acce	nt win	and lo	ss alike/	Worl	k with	team si	oirit / A	voidir	nsult an	d jeir /	Main	tain net	sone

- 07 (1) Accept win and loss alike / Work with team spirit / Avoid insult and jeir / Maintain personal appearance well (03m.)
 - (2) Organizing ability/Active lifestyle/Friendly manner/Ability to take correct decisions (03m.)
 - (3) Not trying to give excuses when defeated / Never insult or hint / Praise and accept their talents / Never draw the attention of judges for violating of rules by them. (04m.)