

Answer Paper - Part I

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|----|---|----|---|----|---|----|---|----|---|----|---|----|---|----|---|---------------------|
| 01 | 3 | 02 | 3 | 03 | 4 | 04 | 3 | 05 | 3 | 06 | 3 | 07 | 3 | 08 | 2 | |
| 09 | 1 | 10 | 4 | 11 | 2 | 12 | 4 | 13 | 2 | 14 | 1 | 15 | 3 | 16 | 3 | |
| 17 | 4 | 18 | 3 | 19 | 4 | 20 | 1 | | | | | | | | | (2 x 20 = 40 marks) |

Part - II

- 01 (1) Physical, Mental, Social and spiritual well - being
 (2) Neatness / Cleanliness / Unity
 (3) Physical / Social / Mental
 (4) Sports officer / Agricultural Officer / Police Officeretc
 (5) Give marks for suitable policies (3 x 5 = 15 marks)
- 02 (1) Years between 10 - 19
 (2) 2 - 6 Give marks for suitable desires
 (independence / acceptance / like to get attention ...)
 (3) 7 - 10 - Parents / Elders / Peer groups / Teachers
 (4) 11 - 15 - Physical / Aesthetic / Mental / Ethical marks) (1 x 15 = 15)
- 03 (1) Sun rising / Flowers blooming / Flowing of rivers
 (2) For singing / For dancing / For swingingetc
 (3) March / Jog / Knee lift / Lunge / Jumping Jack
 (4) Forward Roll / Back ward roll / Jump full turn / Jump half turn
 (5) Can be efficient / Pleasant appearance / Easiness / Do not feel tired (3 x 5 = 15 marks)
- 04 (1) Inter - house sports meet / Functions where the president participate in / Cadet functions / Independence day functions.
 (2) Squad turn right
 (3) Left / Right / Half Left turn / Half right turn / About turn.
 (4) Quick march / slow march
 ● ● ●
 (5) Practice with 04 members as given in the picture
- 05 (1) Exercise / Team spirit / Activeness
 (2) Volleyball / Netball / Cricket / Elle
 (3) A game that develops the skills of a major game with enjoyment.
 (4) Line Football / Ping Football / One step back etc.
 (5) ● Improves the skills of the major game
 ● Enjoyment
 ● Develop leadership qualities
 ● Develop followership qualities. (4 x 15 = 60)