

First Term Examination - 2015

LIFE COMPETENCIES AND CITIZENSHIP EDUCATION

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Grade 08

Time : 02 Hours.

Name / Index No. :

Part - I

• Answer all Questions.

- 01 What is the “ Eighth wonder of the world ” ?
- 02 “ The person who thinks that life is meaningless will not only be compelled to lead a sad life but also will be a misfit in society. ” Who was the person expressed this idea?
- 03 Who was the person presented theory of Gravity to the world?
- 04 Write two sources that influence individuals thoughts.
- 05 Name two of the sources that generate wholesome thoughts.
- 06 When feeling of sadness, what are the physical reactions. Name 2 of them.
- 07 Who created the Tajmahal?
- 08 Name two disasters that people experience mental stress.
- 09 Write 3 mental disturbances when medical opinion in continuous negligence of simple mental stress.
- 10 Discuss conflicts have occurred.
- 11 What are the factors may cause a conflict turning out to be a violent situation.
- 12 Write two methods of preventing a conflict.
- 13 Write two activities effective control of mental stress in ancient times?
- 14 Write three activities controlling simple mental strain effectively.
- 15 Write two advantages living with optimistic thoughts.
- 16 How is to build up good thoughts in Christians?
- 17 Write 04 places of worship guide us to lead a good religious life.
- 18 Write two advantages when you work according to a plan.
- 19 Write two activities when mental strain to be engaged in lessons continuously.
- 20 Write the out come of any conflict. (2 x 20 = 40)

Part - II

• Write only four Questions.

- 01 (i) “ Out of all the living beings on earth, man is the person who has developed his mind.” Discuss this idea using two religions.
(ii) Write three wonderful creations that emerged through the power of the human mind.
(iii) Discuss three examples this idea. It is possible for anybody to think positively and act accordingly at any age in this life.
- 02 (i) Write four sources that influence individuals thoughts.
(ii) Discuss that one of source.
(iii) Write the sources that generate wholesome thoughts.
- 03 (i) Write four various emotions and behaviour patterns.
(ii) What’s the meaning of mental stress ?
(iii) Write methods of effective control of mental stress.
- 04 (i) Write definition for conflict.
(ii) Write factors may cause a conflict turning out to be a violent situation.
(iii) Explain how to develop a conflict.
- 05 (i) What are the methods of preventing a conflict.
(ii) What are the skills and qualities that should be developed for the resolving a conflict.
(iii) Write steps for resolving conflicts. (15 x 4 = 60)