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# **Unit – Biological Processes in Human Body**

# Learning outcomes-

- 1. State what digestion is?
- 2. Explain the functions of the parts of the human digestive system
- 3. List out the products of digestion and the enzymes responsible for such digestion
- 4. Forward diseases related to digestive system and preventive methods for each disease
- 5. Do simple activities to explain the external respiratory mechanism
- 6. State what excretion is
- 7. List out excretory products and parts of the excretory system
- 8. Forward the diseases related with blood circulatory system and the preventive measures of those diseases

# Activity – 11.6.1 Does a digestion take place in the buccal cavity

- Stay few minutes, not chewing little amount of rice in mouth.
- Find approximately the time taken to feel sweetness.
- Wash the mouth properly and stay few minutes. Again have the same amount of rice and chew.
- Find approximately the time taken to feelsweetness.

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Answer the following questions, by using the observations you obtained in two instances.

- 1. In which instance you feel the sweetness with in shorter period of time?
- 2. How do you name the process of digestion in the buccal cavity by teeth?
- 3. Somebody recited chemical digestion starts in the buccal cavity. Which enzyme is facilitated for that in Saliva?
- 4. Complete the following chart relevant to the digestion of the above enzye.

Starch

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?

# <u>For your knowledge</u>

- Food digestion and absorption of digested food are done by the digestive system.
- Food digestion takes place as physical and chemical digestion.
- Physical digestion starts in the buccal cavity by teeth. Chemical digestion takes place in several places in the digestive system starting from mouth.
- *Physical digestion makes the chemical digestion easier. (speeds up)*
- *Ptyalin (salivary amylase) digests starch in the mouth to maltose (simple sugar)*

Starch ptyalin Moltose

# **11.6.2 Demonstrate peristalsis movements**

- 1. Provide a glass ball (jill ball) and a rubber tube. Glass ball should be little bigger than the hole of the rubber tube you found.
- 2. Insert the jill ball to the rubber tube and pressure that by hand, downward.
- 3. Make the jill ball move downward by hand slowly.

Answer the following questions by the experiences you gained by the activity and the knowledge you gain when do the lesson.

- 1. The rubber tube you used for the activity is equivalent to a particular part in the digestive system. Name that part.
- 2. From which place to which place this digested food, transferred in the digestive system?

#### For your knowledge

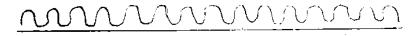
- > Oesophagus locates from the mouth to stomach.
- > Food transferred in oesophaqus by peristalsis movements
- Movements in the muscular wall of oesophaqus push the food bollus down by the constructions and relaxations.

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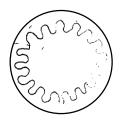


# **11.6.3 Demonstrate villi, which increase the internal surface area of the small intestine**

- Take a ribbon of cardboard of length 6 inches and breath 2 inches.
- Take a colour paper ribbon cut by an A<sub>4</sub> sheet having 15 inches length and 21 inches breath



- Paste the colored paper on the cardboard
- Paste the above creation as follows



Answer the following questions by using the experiences you gained through the activity and the knowledge you gain in the class room.

- 1. Why the surface area being increased by the villi in the small intestine?
- 2. What adaptations you studied, to increase the efficiency of food absorption in the small intestine?

# For your knowledge

- ✤ Final products of digestion are absorbed to the digestive system, in the small intestine.
- *There are lot of adaptions to increase the efficiency of absorption in the small intestine.* 
  - Villi locate on the walls of small intestine
  - Microvilli locate on the villi
  - Having very thin walls in villi
  - Have good vascular system to villi
  - Presence of lengthy small intestine

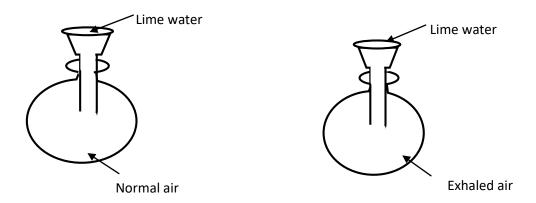
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# **11.6.4** Does exhaled air consist more CO<sub>2</sub> than inhaled air or less?

Method :-

- Take two transparent polythene bags of same size.
- One bag should be filled with an atmospheric air and tight it.
- Blow exhale air to the other bag as the same amount of filled water to other bag and tight.
- Add little amount of lime water to both bags according to the diagram.



Answer the following questions by the observation and knowledge you gained

- 1. How a sample of lime water is prepared?
- 2. What is the initial colour of lime water?
- 3. In the above experiment, more milky colour obtained from,
  - o the where it contains normal air
  - o the where it contains exhaled
- 4. What is the conclusion?
- 5. Write the chemical equation for the colour change of lime water

#### For your knowledge :-

- ✤ Gaseous by product released by the exhaled air is Co<sub>2</sub>
- ♦ Because of this reason exhaled air contains more Co<sub>2</sub> concentration than inhaled air
- Co<sub>2</sub> gas can be identified by the colour change of time water from colours to milky colour.

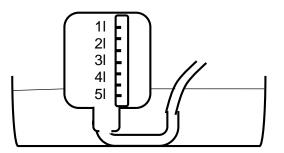
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# 11.6.5 Do you know the volume of air retain in your lungs. Find.

# Method :-

- Take empty water bottle
- Paste a strip of paper on the bottle.
- Take a bottle that can fill 11 volume.
- Take 11 of water to the bottle with the capacity of 11 and transfer that volume to 51 bottle mark the level of water on the paper, pasted.
- Add another 11 of water to the same volume in 51 bottle. Mark the final level of water on the paper strip.
- Add till 31, 41 and 51 and mark each on the paper strip else it as the scale.
- Separate equal distance of the marked scale as your wish and make it more convenient paste a cello tape strip on the paper scale and cover the scale properly.
- Fill 51 bottle fully by water and invert that in a water basin.
- Arrange the setup as follows by fixing a rubber tube.



- Take a heavy breath to fill lungs. Blow air in to the bottle as maximum you can.
- Find the volume of air in the bottle approximately by observing the final water volume indicated in the scale.
- The volume of that air approximately equal to the capacity of your lungs.

Answer the following questions by the knowledge gained by observations and in the class room.

- 1 Does the volume of lungs vary with the age of a person@
- 2 Does the volume of lungs vary with the gender@
- 3 What activities you can do to increase the volume of lungs

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For your knowledge :-

- Volume of air inside lungs vary according to age and gender.
- Less volume of air exhaled than inhaled air by a man. That means a little volume of air retain in lungs

11.6.5 Report activities and industries which cause respiratory diseases to human.

For your knowledge :-

- Smoking affects more for the respiratory System
- Smoking is two fold, active and inactive.
- If you don't smoke, it is inactive smoking. When you are close by to a person who smokes.
- ✤ By smoking ,
  - distort lungs
  - damage heart
  - *distorted child birth and infant death.*
  - Diabetics
  - Optical/visual disorders
  - diseased skin.

Like diseases affect for the whole body of a human.

# 11.6.6 Find substances dissolved in water emit from the body by sweat or

# urine

- Take a glass slide and put a drop of sweat or urine on to the slide.
- Heat the glass slide, slightly by holding on fire of a spirit lamp or a bunsen burner (Hold over the flame of the gas cooker at home)
- Examine whether white powder remains on the slide when the water gets evaporated from the slide after sometime.

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Answer the following questions by the experience you gained through the activity and the knowledge in the classroom

- 1. What excretory substances can be contained in urine @
- 2. What excretory substances can be contained in sweat@

# 11.6.7 Attention on blood testing

Prepare a file containing the reports taken by a doctor when investigating discuses related to blood and blood circulatory system.

Ex. ECG.

- $\blacktriangleright Blood glucose (HB A/C)$
- Cholesterol (lipid profile)
- Liver blood tests
- ➢ Full blood count (FBC)
- Group save test (or Group and screen)
- ➢ Urea and Electrolytes (U and E)
- Brain Natrioretic peptide (BNP)

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# Evaluation

Answer the following questions.

2016, 2017, 2018, 2019 and 2020 O/L questions related to;

- Digestive system of man
- Respiratory system of man
- Excretory system of man
- Blood circulatory system of man
- Coordination and homeostasis in man

#### Excreation of human

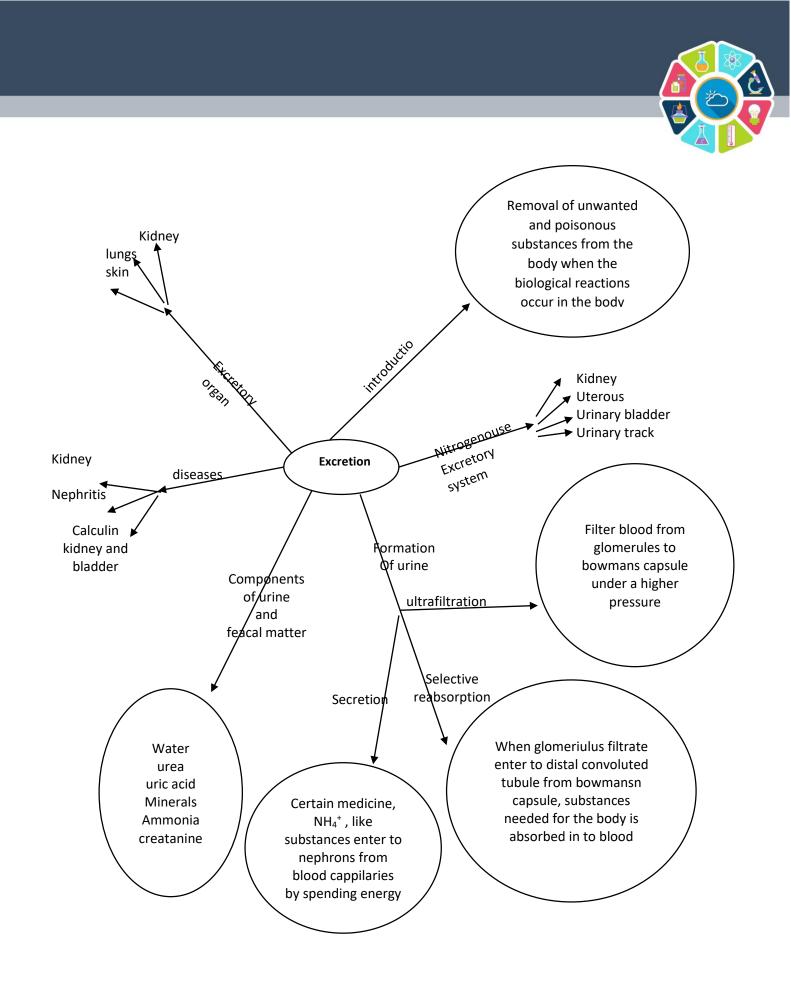
Year	MCQ	Structured Essay	Essay
2016			
2017	03	01 (v)	
2018	06		
2019			
2020			

# Coordination and homeostasis

Year	MCQ	Structured Essay	Essay
2016			(8) A.J ,II III, IV
2017	15.26		(5) A,V
2018			(5) A,I, III, B, I, II, III
2019			

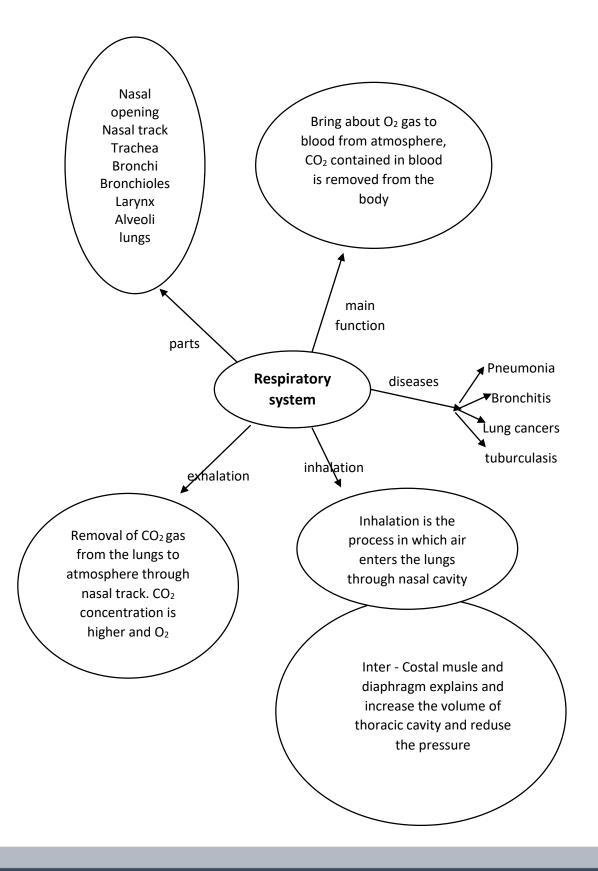
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 $Created \ by - T.M.G.Dulan \ Sanjeewa \ , \ N/Gamini \ Central \ College \ , \ Nuwaraeliya$ 



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