



History Teachers' Guide (To be implemented from 2015)

Grade

Department of Social Sciences National Institute of Education Maharagama Sri Lanka www.nie.lk

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HISTORY Teachers' Guide

Grade 6

(To be implemented from 2015)

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Message from the Director General

The first phase of the new competency based curriculum, with 8 years curriculum cycle was introduced to secondary education in Sri Lanka in 2007 replacing the existed content based education system with basic objective of developing the national level competencies recommended by the National Education Commission.

The second phase of the curriculum cycle to be introduced to grades 6, and 10 starts from 2015. For this purpose, National Institute of Education has introduced a rationalization process and developed rationalized syllabi for these grades using research base outcomes and various suggestions made by different stakeholders.

In the rationdalization process, vertical integration has been used to systematically develop the competency levels in all subjects from fundamentals to advanced levels using the bottom up approach. Horizontal integration is used to minimize the overlapping in the subject content and to reduce the content over loading in the subjects to produce more students friendly and implementable curricular. A new format has been introduced to the teachers' guide with the aim of providing the teachers with the required guidance in the areas of lesson planning, teaching, carrying out activities and measurement and evaluation.

These guidelines will help the teachers to be more productive and effective in the classroom.

The new teachers' guides provide freedom to the teachers in selecting quality inputs and additional activities to develop the competencies of the students. The new teachers' guides are not loaded with subject content that is covered in the recommended textbooks. Therefore, it is essential for the teacher to use the new teachers' guides simultaneously with the relevant textbooks prepared by Education Publication Department as reference guides to be more aware of the syllabi.

The basic objectives of the rationalized syllabi and the new format of teachers' guide and newly developed textbooks are to bring a shift from the teacher centered education system into a student centered and more activity based education system in order to develop the competencies and skills of the school leavers and to enable the system to produce suitable human resource to the world of work.

I would like to take this opportunity to thank the members of Academic Affairs Board and Council of National Institute of Education and all the resource persons who have immensely contributed in developing these new teacher guides.

Director General National Institute of Education

Message from Ven. Deputy Director General

Learning expands into a wider scope. It makes life enormous and extremely simple. The human being is naturally excellent in the skill of learning. A country when human development is considered the main focus uses learning as a tool to do away with malpractices identified with intellect and to create a better world through good practices.

It is essential to create valuable things for learning and learning methods and facilities within the aphere of education. That is how the curriculum, syllabi, teachers' guides and facilitators join the learning system.

Modern Sri Lanka has possessed a self-directed education system which is a blend of global trends as well as ancient heritage.

It is necessary to maintain the consistency of the objectives of the subject at the national level. However, facilitators are free to modify or adapt learning teaching strategies creatively to achieve the learning outcomes, competency and competency level via the subject content prescribed in the syllabus. Therefore, this Teachers' Guide has been prepared to promote the teachers' role and to support the students as well as the parents.

Furthermore, at the end of a lesson, the facilitators of the learning-teaching process along with the students should come to a verification of the achievement level on par with ones expected exam by a national level examiner, who evaluates the achievement levels of subjects expected. I sincerely wish to create such a self-progressive, motivational culture in the learning-teaching process. Blended with that verification, this Teachers' Guide would definitely be a canoe or a raft in this endeavor.

Deputy Director General

Faculty of Languages, Humanities and Social Sciences

Instruction and Approval	Academic Affairs Board, National Institute of Education		
Coordination	Laucation		
D.H. Chandima Nishani Dharmapala	Senior Lecturer Department of Social Sciences		
Subject Specialist assistance			
(Professor Malanie Edagama)	University of Sri Jayawrdanapura (Retired)		
(Professor Swarna Jayaweera)	University of Sri Colombo (Retired))		
Professor Asoka Jayasena	University of Sri Peradeniya (Retired)		
(Professor Elsie Kotalawala)	The Open University of Sri Lanka (Retired)		
Professor Indrani Munasinghe	University of Sri Colombo, (Professor Emeritus of History)		
Professor Raj Somadewa	Post Graduate Institute of Archeology		
Professor Pathmasiri Kannangara	University of Sri Jayawrdanapura		
Panel of writing (External)			
D.A.A.Sirisena	In-service Advisor		
	Zonal Education Office, Tabhuttegma		
S.Kamaradeen	In-service Advisor		
	Zonal Education Office, Kakirawa		
K.S. Ranjanie	In-service Advisor		
	Zonal Education Office, Horana		
W.A.Piyasilee	Teacher service		
	Sri Rahula Central Collage, Alawwa		
A.Indrani	Teacher service		
	Convent of the Child Jesus National School,		
	Rathnapura		
H.M. Nalin Bandara	Teacher service		
	Kuruvita central collage, Kuruvita		
Panel of writing (Internal)			
D.H. Chandima Nishani Dharmapala	Senior Lecturer		
	Department of Social Sciences		

W.Samanthi S. Gunawardana

Panel of TranslationDr.Anuththaradevi WidyalankaraUniversity of ColomboM.A.P. MunasinghaChief Project Officer (Retired)National Institute of EducationNational Institute of Education

Assistant Lecturer

Department of Social Sciences

Instructions to use the Teachers' Guide

It has been implemented that the subject History in the School curriculum as a core-Subject from 2007, will function as the same from year 2015 allocating two periods for grade 6-9 and three periods for grade 10-11 weekly. It is suggested to prepare assessments for G.C.E. (O/L) Examination based on the syllabus prescribed for grade 10 and 11.

The syllabus of History for grade 6-11 has been designed under competency based approach including 20 competencies. The Teachers' Guide, prepared for the implementation of the curriculum, consists of two sections such as the syllabus and the guidance to implement the syllabus.

The subject matter and the methods that are used to study the subject matter are equally important when mastering the expected competencies within the students through the subject, History. In fact some exemplary activities covering a part of the subject content are included in the Teachers' Guide. Teachers are free to develop those activities or to prepare new activities using their creativity cater to the needs of the students in the classroom. It is to be carefully considered that directing the students to study the required subject matter in order to achieve the objectives of the subject, History, providing learning opportunities which should at least 50% of practical based activities.

In fact the preparation of this teachers' Guide is expected to achieve the objectives of the subject History producing a set of students who are suitable for a new world full of competencies. In this regard we kindly request you to direct us your constructive ideas and suggestions.

Syllabus Committee

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HISTO RY Syllabus

Grade 6

(To be Implemented from 2015)

Department of Social Sciences National Institute of Education Maharagama Sri Lanka www.rie.lk

01. Introduction

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History as a discipline has been playing an important role as a core subject in the school curriculum since 2007 with the aim of producing patriotic, spirited citizens capable of identifying and protecting nation's identity facing global vicissitudes.

While respecting those objectives, the curriculum of the history subject was revised in consonance with the education reforms mooted to be effected from 2015. The curriculum of history from grade 6 to 11 was compiled under 20 relevant competencies based on the national common objectives and the related competency levels.

This grade 6 syllabus is a result of this approch. It is to be implemented from 2015 and its contents are framed on five competencies. It presents for study, five themes including the origin and background of human civilization and early settlements in Sri Lanka and the period of Anuradhapura kindom.

National Goals

The national system of education should assist individuals and groups to achieve major national goals that are relevant to the individual and society.

Over the years major education reports and documents in Sri Lanka have set goals that sought to meet individual and national needs. In the light of the weaknesses manifest in contemporary education structures and processes, the National Education Commission has identified the following set of goals to be achieved through education within the conceptual framework of sustainable human development. The National Education Commission sees the realisation of these goals as its vision for the education system.

- (i) Nation building and the establishment of a Sri Lankan identity through the promotion of national cohesion, national integrity, national unity, harmony, and peace, and recognizing cultural diversity in Sri Lanka's plural society within a concept of respect for human dignity.
- (ii) Recognising and conserving the best elements of the nation's heritage while responding to the challenges of a changing world.
- (iii) Creating and supporting an environment imbued with the norms of social justice and a democratic way of life that promotes respect for human rights, awareness of duties and obligations, and a deep and abiding concern for one another.
- (iv) Promoting the mental and physical well-being of individuals and a sustainable life style based on respect for human values.
- (v) Developing creativity, initiative, critical thinking, responsibility, accountability and other positive elements of a well- integrated and balanced personality.
- (vi) Human resource development by educating for productive work that enhances the quality of life of the individual and the nation and contributes to the economic development of Sri Lanka.
- (vii) Preparing individuals to adapt to and manage change, and to develop capacity to cope with complex and unforeseen situations in a rapidly changing world.
- (viii) Fostering attitudes and skills that will contribute to securing an honorable place in the international community, based on justice, equality and mutual respect.
 (Extracted from : National Education Commission report, 2003)

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Basic Competencies

The following Basic Competencies developed through education will contribute to achieving the above National Goals.

(i) Competencies in Communication

Competencies in communication are based on four subsets: Literacy, Numeracy, Graphics and IT proficiency.

Literacy: Listen attentively, speak clearly, read for meaning, write accurately and lucidly and communicate ideas effectively.

Numeracy: Use numbers for things, space and time, count, calculate and measure systematically.

Graphics: Make sense of line and form, express and record details, instructions and ideas with line form and colour.

IT proficiency: Computeracy and the use of information and communication technologies (ICT) in learning, in the work environment and in personal life.

(ii) Competencies relating to personality Development

- Generic skills such as creativity, divergent thinking, initiative, decision making, problem solving, critical and analytical thinking, team work, inter personal relations, discovering and exploring;
- Values such as integrity, tolerance and respect for human dignity;
- Emotional intelligence.

(iii) Competencies relating to the Environment

These competencies relate to the environment: social, biological and physical.

Social Environment: Awareness of the national heritage, sensitivity and skills linked to being members of a plural society, concern for distributive justice, social relationships, personal conduct, general and legal conventions, rights, responsibilities, duties and obligations.

Biological Environment : Awareness, sensitivity and skills linked to the living world, people and the ecosystem, the trees, forests, seas, water, air and life – plant, animal and human life.

Physical Environment : Awareness, sensitivity and skills linked to space, energy, fuels, matter, materials and their links with human living, food, clothing, shelter, health, comfort, respiration, sleep, relaxation, rest, wastes and excretion.

Included here are skills in using tools and technologies for learning, working and living.

(iv) Competencies relating to preparation for the World of Work

Employment related skills to maximize their potential and to enhance their capacity to contribute to economic development. to discover their vocational interests and aptitudes, to choose a job that suits their abilities, and to engage in a rewarding and sustainable livelihood.

(v) Competencies relating to Religion and Ethics

Assimilating and internalising values, so that individuals may function in a manner consistent with the ethical, moral and religious modes of conduct in everyday living, selecting that which is most appropriate.

(vi) Competencies in Play and the Use of Leisure

Pleasure, Joy, emotions and such human experiences as expressed through aesthetics, literature, play, sports and athletics, leisure pursuits and other creative modes of living.

(vii) Competencies relating to 'learning to learn'

Empowering individuals to learn independently and to be sensitive and successful in responding to and managing change through a transformative process, in a rapidly changing, complex and interdependent world.

(Extracted from : National Education Commission report, 2003)

Objectives of Teaching History

It is hoped that by following the history curriculum in grades 6-11, following objectives could be achieved.

- 1. Realizing the changes occurred through out history while undestanding historical evolution and trends.
- 2. Understanding the present and forseeing the future through the study of past.
- 3. To be a loyal citizen while safeguarding the national heritage and keeping the national identity.
- 4. To deal with national problems with balanced mind.
- 5. To respect other cultures.
- 6. Applying to practical life the rational knowledge and temper brought about through chronology, criticism, sources and cause-effect relationship.
- 7. To characterise the biographies of important historiccharacters.
- 8. To enhance the ability to face the global challenges with an insight into how global and historical trends affected the history of Sri Lanka.
- 9. Enhancing knowledge about time and space.
- 10. Identification of sites through historical information.

Competency	Competency Level	Subject Content	Learning Outcome	Period
Develop critical thinking through the study of sources that help to build up history	1.1 It underscores that history is the story of mankind from the past to the present	1. Introducing history 1.1 The past story of man	 It clarifies, what history is ? It summons facts in support of the proposition that history reveals the past story of mankind. 	04
Illustrates the evolution of	1.2 Builds history through objects used by man	1.2.1 How the past story of man is built1.2.2 Measurement of time	 Introduces the source Explains history through sources Measures time by various methods 	
human development	2.1 Ilustrates the origin of life forms and the advent of human due to environmenta factors	 2. The early human 2.1 Environment that led to the, birth of man. origin of man long after the origin of earth Various animals lived on land and in water before the origin of man (with the aid of pictures) The periods in which such animals lived The nature of the environment that led to the birth of man (with the aid of pictures) 	 Explains that man emerged long after the origin of the earth Illustrates that plants and animals appeared before the advent of humans Explains the environment in which humans emerged 	10

Competency	Competency Level	Subject Content	Learning Outcome	Period
	2.2 Illustrates how physical features changed in the evolution of man	2.2 Evolution of man through physical features (origin of living beings from the primative man to the birth of the modern man-with aid of pictures)	 Explains human evolution States the reasons for the evolution of man Shows that the advent of man was a result of long process through ages. 	
	2.3 Explains the changes in physical features in adopting to the natural environment in relation to the modern man.	2.3 Modern man – (Changes in man in response to geographical factors - through pictures)	 Illustrates different environmental conditions Explains the physical features of man in relation to different environmental conditions. 	
	2.4 Developing the skills to explain how early humans overcame the challenges in comparison to present day conditions	 2.4 Cultural evolution of man Challenges confronted by the ancient man. How the ancient man faced challenges 	 Illustrates the challenges confronted by the early man Explains how they dealt with challenges Illustrates how present day challenges can be met in the light of examples of the past 	

Competency	Competency Level	Subject Content	Learning Outcome	Period
Illustrate the evolution of human development	3.1 Explains the ancient civilizations in the world	 3. Ancient civilizations in the world 3.1 Introducing of civilizations referring to ancient civilizations in the world 	 Explains what civilization is Explains the basic features of a civilization 	10
	3.2 Marks ancient civilizations prevailed in the world and their geogrophical distribution on a map	3.2 Ancient civilisations in the worldgeographical location and chronology	 Naming the ancient world civilizations Marks the sites of civilizations on a map Explains the locations of civilizations 	
	3.3 Illustrates the examples that can be drawn through the development of the ancient civilizations for the present	3.3 The gifts that the world inherited from the ancient civilizations	 Indicates the progress of the ancient civilizations Presents facts for the ancient nature of civilizations Illustrates the examples that can be drawn from ancient civilizations 	

Competency	Competency Level	Subject Content	Learning Outcome
Ilustrates of the evolution of human development	.1 Explains early settlements in Sri Lanka, and the diversity by time and space	 4. Early settlements of Sri Lanka 4.1 The first settlements Expansion of the earliest settlements The basic features of the earliest settlements Exsistence of an advanced society (through pictures) Emergence of cities 	 Illustrates the areas where 09 the settlements spread Introduces the basic features of the early settlements Explains that the early man lived adopting to different environmental zones in the county
Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service	5.1.1 Inquires how prince Pandukabhaya ascended the throne surmounting the challenges	5. Our great kings 5.1 King Pandukabhaya 5.1.1 Childhood	 Details the childhood of king Pandukabhaya Shows the challanges that confronted Prince Pandukabhaya Explains the exampory features of overcoming challenges from the character of Pandukabhaya

Competency	Competency Level	Subject Content	Learning Outcome	Period
	5.1.2 Examines the achievements of king Panduk-abhaya	5.1.2 Assumption of kingship 5.1.3 Administration	 Explains how Pandukabhaya adcended the throne Explains the administration of king Pandukabhaya Explains the greatness of king Pandukabhaya 	
	5.2.1 Illustrates the introduction of Buddhism to Sri Lanka and service of king Devanampiya Tissa regarding the establishment of Buddhism in Sri Lanka	 5.2 King Devanampiya Tissa 5.2.1Introduction of Buddhism to Sri Lanka Establishment of Buddhism in Sri Lanka 	 Explains how Buddhism was introduced to Sri Lanka Describes how Buddhist dipensation was established in Sri Lanka Explains the service of king Devanampiya Tissa 	04
	5.2.2 Develops good qualities through the influence of Buddhism in building up a moral society	5.2.2 Contributions of Buddhism	 Points out the legacies of Buddhism Explains how a moral society was developed Illustrates examples from the past to build up a virtuous society 	

Competency Competence	ey Level	Subject Content	Learning Outcome	Period
	ates the greatness Dutugamunu	 5.3 King Dutugamunu 5.3.1 Childhood King Elara Service of king Kavantissa Uniting of the country by king Dutugamunu 	 Explains the justice and compassion of king Elara Describes the career of king Kavantissa Explains the greatness of king Dutugamunu 	05
service o Dutugam	unu by sing his good	5.3.2 Construction of temples	 Explains king Dutugamunu's religious service Uses examples from the past for a virtuous society at present 	t
of king V	ciates the greatness /alagamba and ises examples from	5.4 King Valagamba	 Explains how king Valagamba ascended the throne. Describes king Valagamba's religious activities Illustrates examples from the life of king Valagamba 	03

Competency	Competency Level	Subject Content	Learning Outcome	Period
	5.5 Explains the achievements of king Vasabha	 5.5 King Vasabha Accession to the throne Economic activites Construction of large scale tanks 	 Illustrates how king Vasabha ascended the throne Explains the administration of king Vasabha Explains his economic activities 	03
	 5.6 Illustrates the greatness of king Mahasen 5.7 Illustrates the services of 	 5.6 King Mahasen Economic acrivities Construction of large scale tanks Construction of Jetavanarama 	 Describes irrigation activities of king Mahasen Illustrates technical skills in construction of tanks Explains the activities of king Mahasen 	03
	king Dathusena	 5.7 King Dhatusena Accession to the throne Economic service Contribution to irrigation works Erection of theBuddha image at Avukana 	 Illustrates how king Dhatusena assumed kingship Explains the economic activities during his reign Explains the religious activities of king Dhatusena 	03

Instructions for LearnigTeaching prosses

6.1 Introduction of History

This unit seeks to address the following: What is history? How is history constructed? How the long periods of history are measured?

Competency

• Develop critical thinking through the study of sources that help to build up history

Competency Level

1.1 It underscores that history is the story of marking from past to the present.

No. of Periods: 02

Learning outcomes

- It clarifies what is history?
- It summars facts in support of the proposition that history reveals the past story of mankind.

Instructions for lesson planning

Plan the lesson using the subject matter given below

1.1 The past story of man

- Explains that history is the study of markind who lived in earlier times.
- Determining that past consists of bygone times and that it begins with the origin of man on earth up to the day before.
- Constructing the story of history tracing efforts of man to meet the basic social needs in the period under study
- Explains that all things which exist at present have a past
- Explains the fact that history is created by man
- In order to explain what is history, write an essay about the history of the school' Do this as an individual activity
 Gather information about the history of the school
 The reasons that led to the foundation of the school, the pioneers who founded the school, the earliest teachers and students, the progress of the school.
 Encourage students to collect pictures of early buildings and people who contributed to its founding.

Quality inputs

• Saurces that required to find out the history of the school

Instructions for assessment and evaluation

Assess the above mentioned activity using the criteria given below.

- Describes the history of the school
- Appreciates of the founders of the school.
- Substantiating that 'History is what man said and did' in reference to the school history
- Clarity and creativity in writing the essay
- Sharing of knowledge with others in the class

Competency Level

1.2 Builds history through objects used by man

No. of Periods: 02

Learning outcomes

- Introduces the source
- Explains history through sources
- Measures time by various methods

Instructions for lesson planning

Plan the lesson using the subject matter given below

1.2 How the past story of man is constructed.

- Identifying sources as those that provide evidence that enables explanation of what did or said in the past.
- Identifying of sources that facilitates to learn what occurred in the past
- Shows the variations of the sources that help to learn history
 - Literary sources
 Various documents that has been written in earlier times books, legends, Folk lore,
 Folk Songs

2. Archaeological sources:

Inscriptions, utensils used by man in the past, old buildings, statues, coins, pottery etc. Completion of a table with the aid of a source covering the subject matter stated above

- Use this as an individual activity
- W rite on the black board while having a discussion with the students about the sources that help to build up the history of the school
- Ask students to copy the following table in their notebooks inserting the sources written on the blackboard

Literary sources	Archæological sources

Quality inputs

• Grids that are used to show the literary sources and archaeological sources

Instructions for assessment and evaluation

For the assessment and evaluation of the above activity use the following criteria.

- Naming of the sources
- Indicates the diversity of sources
- Constructs the history relying on sources
- Participates in teacher-pipil discussion
- Works Cooperatively

1.3 Measuring the time

The principal methods in current usage to determine time

- Christian Era
 Buddhist Era
 Shaka Era
 Hijri Era
 Explains the beginning of these specific eras
- Anna Dominis Birth date of Jesus christ
- Buddhist Era The date of Passing away of the Buddha
- Shaka era Marking the defeat date of the Shakas by

King Gauthamiputhra

Shathakami who ruled the Western India

Hijri Era – Marking the journey of Prophet Mohammed from Mecca to Madina

Explaining the Terms before Christ (BC) and Anna Dominos (AD) Explaining how the time of an occurrence is indicated by using these eras

Explaining the difference between AD and Buddhist era

- Indicating several events with reference to the different eras.
- Indicating several events given above in AD and Buddhist era Conduct this as an individual activity
 Instruct students to indicate the year of the following events in AD/Buddhist era/Hijri era in their note books.
 - 1. The year of the passing away of Buddha in A D
 - 2. The birth year of Jesus Christ in Bublist era
 - 3 The year of birth of Prophet Mohammed in AD and Buddhist era
 - 4. The year of your birth in AD and Buddhist era
 - 5 The present year in AD, Buddhist era and Hijri era (Read the text book for this activity)

Quality inputs

Calendars showing different methods used to indicate time

Instructions for assessment and evaluation

Assess and evaluate the above activity using the following criteria.

- States the different methods used to indicate time
- Explains the usage of BC and A D
- Explains the difference between AD and Buddhist Era
- Indicates various events in AD, Buddhist Era and Hijri Era
- Works cooperatively with each other.

6.2 The Early Human

The formation of the earth occurred, billions of years ago. It cooled thereafter and solidified, creating an environment that allowed life. Long after the origin of earth, plants emerged followed by the advent of aquetic and land animals. After another long period man emerged on earth. This unit describes the process of how the body features of humans evolved in order to adapt to the environment in which they lived and how they evolved in to their present human form.

Competency

• Illustrates the evolution of human development

Competency level

2.1 Illustrates the origin of life forms and the advent of human due to environmental factors

No. of Periods : 03

Learning outcomes

- Explains that man emerged long after the origin of the earth
- Illustrates that plants and animals appeared before the advent of humans
- Explains the environment in which humans emerged

Instructions for lesson planning

Plan the lesson using the subject matter given below

- 2.1 Environment where humans emerged.
 - The conditions on earth before the advent of man
- Origin of the Earth

There are several versions on the origin of Earth. At the beginning it should have been composed of an extreme hot substance which eventually evolved into a cold environment. Describes that this evolution had been over a very long period of time.

Explanation of emergence of humans long after the origin of the Earth.
 The ages when animals and life forms existed in water and on land before the evaluation of man
 Explain using pictures as much as possible
 The age of early life forms in water arthropods, fishes, insects, reptilesetc.

- Much colder weather
- Extinction of many animals due to excessive cold
- Emergence of warm weather conditions

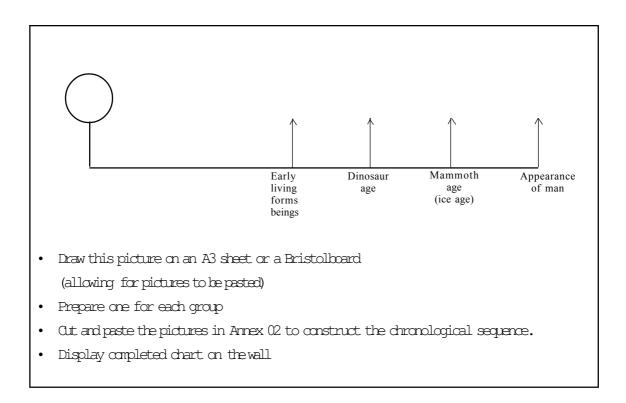
Ask the students to compile a folio of pictures that help to understand the sequential formation of the earth and the emergence of living organisms such as plants, animals and man in oder to cover the subject content.

- Perform this task as a group activity
- Distribute the task sheet in Annexe 01 and pictures in the

Annex 02 to each group

• Displays the students performances on the wall.

Annexe 01



Assess and evaluate the above activity using the criteria given below

- Describes the live environment before appearance of humans
- Orders the live environment chronologically
- States the appearance of man as a result of different processes that occured over a longer period of time
- Works in a team spirit.
- Volunteers to clarify with informations.



Competency Level

2.2 Illustrates how physical features changed in the evolution of man.

No of Periods : 02

Learning outcomes

- Explains human evolution
- States the reasons for the evolution of Man
- Shows that the advent of man was a result of long process through ages

Instructions for lesson planning

Plan the lesson with referring to the subject matter give below:

2.2 Evolution of early man

Evolution of the early man deals with two aspects

i Physical evolution

Evolutionary change of physical features

- Shape of the skull
- Walking with erect position etc.
- i. Autural evolution (This section will be discussed in 2.4 unit)

The evolution of man to meet the needs for existence

- Production of tools
- Adaptability to the environment
- Solving the problems
- Building of Cities

Evolution of man according to physical characteristics

- The first stage of the evolution of Man
- Introducing the ape man Austral apitheous
 Second stage of the evolution of man
- Homo habilis
 - Hamo erectus
 - Homo neanderthalensis
 - Modern human -Homosapiens
- The human with a developed brain
- Explaining that every human group in the present day world are descendants of this human ancestor.

Drawing different stages of the evolution of man considering the subject matter given above

- Use this as a grap activity
- Discuss with the students the various stages of evolution from ape man to modern man using pictures
- Explain evolution of man as a lengthy process that occurred over a long period of time due to many other phenomena.
- Split the class into groups and assign them activities given in
- Offer an apportunity to display the creations of the groups in the classroom after the activity.
- Let the students know that they should describe the details of different human types during grap presentations.
- W rite the table in Annexe 01 on the black board and insert in it the information gleaned from group presentations.
- Review the lesson and improve the table

Quality input

Annexe 01

Activity she	ŧ	
Group 01	_	Austral opithecus and Homo habilis
Group 02	_	Homo habilis and Homo erectacus
Group 03	_	Homo erectacus and Homo neanderthalnsis
Group 04	_	Homo neanderthalnsis and Homo sapiens
		Facts to be considered

Special points

- * Draw the two pictures depicting the special features of the body. Study the pitures given in the textbook and the vedio clip
- * Explain physical features of those humans using the picture drawn
- * Pictures depicting physical evolution of man

Instructions for assessment and evaluation

- Describes the special features of the human
- Draws a pictures highlighting salient features of the human
- Understands that the advent of man was the result of a long process through the ages.
- Creates communally
- Gives leadership to make the task a success

Competency Level

2.3 Explains the changes in physical features in adopting to the natural environment in relation to the modern man

No.of Periods : 01

Learning Outcomes

- Illustrates different environmental conditions
- Explains the physical features of man in relation to different environmental conditions

Instructions for lesson planning

Plan the lesson using the subject matter given below

2.3 Change of physical features of Man due to geographical factors

(Explain the lesson using the pictures given in the text book)

Gradual spread of the Homo sapiens throughout the world

- Change of Man's features due to variations of the environment
- Environmental factors that influence the physical characteristics
 - Sunlight, dry areas
 - Cold weather
 - Mountains, Plains

Mongoloids, Caucasoid, Negroid astroloid and other human types with different physical features Determining that all humans can be traced to a single origin despite varying physical features and cultures are influenced by environment

- Prepare a booklet collecting pictures of people to illustrate those physical features differ according to different climatic conditions.
- Conduct this as an individual activity
- Give a period of about a week to compile the book

Quality inputs :

• Pictures of human being in defferent countries

Instructions for assessment and evaluation

- Specifies the types of humans with different physical features
- Explains the environmental factors that influenced changes of physical features of man
- Prepares a pictute book with different physical features of humans
- Prepares the book creatively
- Prepares the book within the specified time frame.

Competency level

2.4 Developing the skills to explain how early humans overcame the challenges in comparison to present day conditions

No. of Periods : 02

Learning Outcomes

- Illustrates the challenges confronted by the early man
- Explians how they dealt with challenges
- Illustrates how present day challenges can be met in the light of examples of the past

Instructions for lesson planning

2.4 Cultural evolution of man

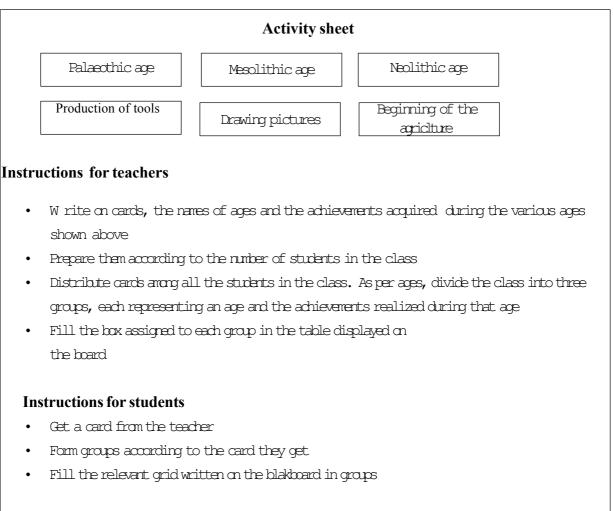
- Plan the lesson using the subject matter given below.
- Man's evolution as per his fulfilment of requiments
- Man's environment and challenges.
 - The principal ages according to the tools used by man
 - Paleolithic age
 - Mesolithic age
 - Neolithic age

Achievements of each age

Investigation of the cultural evolution of man in oder to cover the above subject matter

- Get all students in the class to involve in this activity.
- Discuss with the students the progress of man in Paleolithic, Mesolithic and Neolithic age with reference to achievements made in each age with regard to the fulfillment of needs of man.
- Get students involved in activity as set out in the activity sheet (Amex 01)
- Fut up Annex 02 on the blackboard and ask the students to fill in parts assigned to each group.
- Correct the mistakes in the table and review the lesson
- Make the students copy the table in their note books

Annexe 01



Annexe 02

Achievements in the Palæolithic	Achievements in the Mesolithic Achievements in the Neo	
age	age	age

Instructions for assessment and evaluation

- Specifies the ages passed by man according to the tools used
- States Man's achievements in the respective ages
- Illustrates how humans mastered the environment in meeting their needs
- Behaves actively
- Works in a sense of team spirit

6.3 Ancient Civilizations of the world

Over a long period of time Man evolved from a simian ancestry and transformed to its current state. The path of this progress is known as civilization. People living in various parts of the world became civilized at different times. The purpose of this Unit is to define civilization, introduce the attributes which identify a specific society as having reached a civilized state and to explain the contributions of ancient civilizations to markind.

Competency

• Illustrates the evolution of human development

Competency level

3.1 Explains ancient civilizations of the world

No. of Periods : 03

Learning outcomes

- Explains what civilization is
- Explains the basic features of a civilization

Instructions for planning lessons :

Plan the lesson using the subject matter given below.

3.1 Introduction to civilization

Explaining that a civilization is born with the transformation of a rural society into an urban society

- Explaining that civilising of a society takes a long period of time
- Explaining the characteristics of a village and describing how a city differs from a village
- Explains the term 'civilization'
- Introducing the main characteristics identifiable in any civilized society. Some of them are given below.
 - 1. Pratise touse letters
 - 2. Advent of a religion enbraced by majority
 - 3 Beginning of trade with foreign countries
 - 4 Presence of an administrative structure

This activity focuses of fer an opportunity to identity the difference between the early village and the city.

- Display to the class the pictures of a village and a city given in Annexe 02
- Discuss with students about the differences between an ancient village and an ancient city
- Group the students as appropriate for the activity
- Distribute the activity sheet in arrex 01 to each group
- Give instructions and guidence to draw an ancient city and an ancient village
- Offer apportunity to present and exhibit the students' works

Instructions for assessment and evaluation

- Name the characteristics of an ancient village and an ancient city
- Accepts and states that the city was built because of an arcient village
- Draws the pictures creatively
- Works cooperatively in the group
- Tries to Manage the time

Quality inputs

Annexe 01 and Annexe 02

Annexe 01

Activity sheet 01

Make a drawing to highlight the characteristics of an ancient village. - Dsplay the drawing in the class and describe

Activity sheet 02

Make a drawing to highlight the characteristics of an ancient city.

- Dsplay the drawing in the class and describe

Annexe 02 village



City



Competency Level

3.2 Marks ancient civilizations prevailed in the world and their geographical distribution on a map

No. of Periods : 04

Learning outcomes

- Specifies the civilization in the world
- Marks the sites of civilizations on a map
- Explains the locations of civilizations

Instructions for planning lessons

Leed the discussion, highlighting the following:

3.2 Ancient civilisations of the world

- Explaining that the civilizations have flourished independently in different times and in different areas.
- Introducing the distribution of ancient civilizations chronologically.
- Indicating the distribution of civilizations in a map

Quality input

Get materials required to the lesson

Instructions for assessment and evaluation

Competency level

3.3 Illustrates the examples that can be drawn through the development of the ancient civilizations for the present

No. of Periods : 05

Learning outcomes

- Indicates the progress of the ancient civilizations
- Presents facts for the ancient nature of civilizations
- Illustrates the examples that can be drawn from ancient civilizations for the present

Instructions for lesson planning

- Explain the progress of ancient civilizations with examples
- Highlight the examples that can be drawn from the civilization

3.3. The gifts inherited to the world by ancient civilisations

Sumarian civilization

- Letter system
- Buildings
- First written law systems
- Mathematical method

Egyptian civilization

- Methods of preserving dead bodies
- Construction of pyramids
- Use of hyroglifics

Indus -valley civilization

- Urban plans (Urban civilization)
- Letter system (Pictographic script)
- Proper irrigation system

Quality inputs

Get matienials required for the lession

Instructions for assessment and evaluations

6.4 Early settlements of Sri Lanka

This unit focusses on the settlements of early Honosophians, their destribution in the country, their lifetyleet...

Competency

• Illustrates evolution of human development.

Competency level

4.1 Explains early settlements in Sri Lanka, and the diversity by time and space

No. of Periods: 05

Learning outcomes

- Illustrates the areas where the settlements were established
- Introduces the basic features of the early settlements
- Explains that the early ran lived adapting to different environmental zones in the county

Instructions for lesson planning

Plan the lesson on the criteria given below.

4.1 Early settlements

- Distribution of early settlements
- Migration of early human, HomoSapiens to the southern costal belt of Sri Lanka about 130,000 years ago
- Evergence of evidence for their distribution in various parts of Sri Lanka in addition to the southern coast of Sri Lanka
- Expansion of the early human in various environmental zones
 - wet zone
 - dry zane
 - arid zone
- Distribution areas (that have been examined Archaeologically)
 - Batadombalena
 - Kitulgala lena
 - Pahiyangala
- Nature of the early settlements
 - Selection of caves for shelter by the early human during rainy seasons.
 - Making hunting spot their abode during dry seasons.
 - Feeding habits
 - Meat
 - Vegi food Vegetables

- Technology
 - Use of rough stone tools
 - Faiths, cults and rituals and beliefs
 - Energence of rural settlements
- Establishment of permenent colonies

A wattle and daub house built 13,000 years ago, has been discovered in the Udarancha madama area in Ratnapura district.

- Agriculture being a major economic activity in the central nural settlements
- Emergence of small villages and tanks in agricultural.
 lands along with farming
 - Evergence of rural colonies
 - Use of metals
 - Citizens voyaging to various countries across the Indian
 Ocean with the development of the rural folk life,
 leading to the extension of trade.

Emergence of cities

- Background of emergence of cities
- Main cities of the country

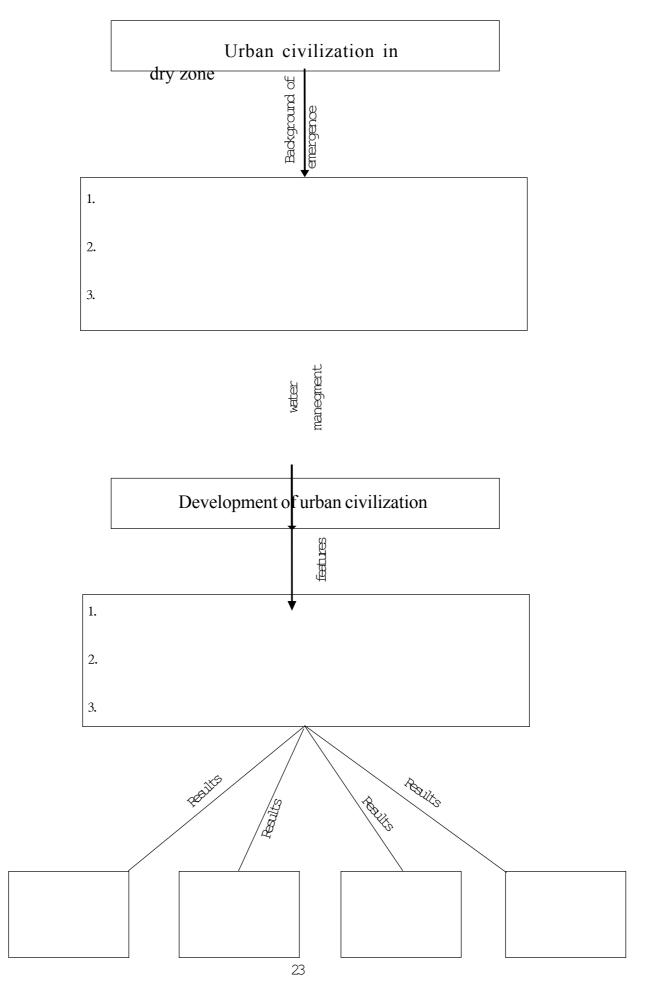
The activity given below could be used for the main features of the emergence of cities.

Completing a form using basic characteristics of the dry zone

- Use this as an individual activity
- Put up annexe 01 in the black board and ask students to copy it in their work books
- Instruct to complete the form using the text book also

Instructions for evaluation and assessment

- Explains the features of urban civilization of dry zone
- Presents facts that caused for the development of urban civilization of dry zone
- States that even though the people lived in cities, they worked eco friendly
- Completes the model correctly
- Follows instructions correctly



6.5 Our Great Kings

This Unit gives a description about seven kings from king Pandukabhaya who made Anuradhapura as the kingdom to king Dhatusena. Attention has been paid to their picus administration, greatness and the examples that can be drawn from their rule.

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

5.1 King Pandukabhaya

Competency level

5.1.1 Inquires how prince Pandukabhaya acceeded the throne summunting the challenges

No. of Periods : 01

Learning outcomes

- Details the childhood of king Pandukabhaya
 - Shows the challanges that confronted by Prince Pandukabhaya
 - Explains the exampory features of overcoming challenges from the character of Pandukabhaya

Instructions for lesson planning

Plan the lesson using the subject matter given below:

5.1 King Pandukabhaya

Childhood

- Explain the legends about Prince Pandukabhaya's parents
 - Describe the challenges that Prince faced from the begining of his birth
 - * Taking him away from the palace as soon as he was born.
 - * Attempting to murder the Prince on his way to Doramadalawa
 - * At the time the prince was having a bath
 - * At the time he was playing with herdsman's children.

Quality inputs

Get materials required to thee lesson

Instructions for assessment and evaluations

Competency level

5.1.2 Examines the achievements of king Pandukabhaya

No.of

No. of Periods: 02

Learning outcomes

- Explains how Pandukabhaya ascended to the throne
- Explains the administration of king Pandukabhaya
- Explains the greatness of king Pandukabhaya

Instructions for lesson planning

Accession to the throne

- Examine the role played by Prince Pandukabhaya
- to seare the kingship.
 - Organising of troops
 - Winningthebattle
 - Accessing the throne by establishing Anurachapura as the capital.

Administration

- Converting of Anuradhagrama to Anuradhapura
- Developing the city of Anuradhapura
 - Establishing of village boundaries over the island.
 - Four suburbs, common cemetry, place of execution, hermitages, places of worship, refuges, streets, sanitary arrangements of the city.
- Appointing officers for the administration of the city
- Democrating areas for various ethnic groups
- Religious toleration (towards Brahmins, Jains and Demons)
 - Measures taken for economic development (constructing tanks)

Quality inputs

Get materials required to the lesson

Instructions for assessment and evaluations

6.5.2 King Devanampiyatissa

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

Competency Level

5.2.1 Iustrates the introduction of Buddhism to Sri Lanka and service of king Devanampiya Tissa regarding the establishment of Buddhism in Sri Lanka

No. of Periods : 02

Learning outcomes:

- Explains how Buddhism was introduced to Sri Lanka
- Describes how Buddhist dipensation was established in Sri Lanka
- Emphasizes the service of king Devanampiya Tissa

Instructions for lesson planning

5.2.1 Introducing Buddhism to Sri Lanka

- Prime Tissa becoming the ruler of Sri Lanka
- Emperor Asoka was the contemporary ruler of India during the reign of king Tissa in Sri Lanka
- King Tissa maintaining relationship with Emperor Asoka
- Arrival of the mission led by Arhat Mahinda to Mihintale
- King Devanampiya Tissa embracing Buddhism after listening to the sermon deliverd by Arhat Mahinda and becoming the first Buddhist king of Sri Lanka

5.2.2 Establishment of Buddhist Dispensation

- Members of the royal family and other people embracing Buddhism following the king
- Offering of the first abode (aramaya)
- Establishment of the Order of Bhikkhus
- Bringing of the sacred Bo sapling by Theri Sanghamitta accompanied by classrs of artisans of 18 castes
- Planting of sacred Bo sapling
- Establishment of the Order of Buddhist nuns (Bhikkhunis)
- Everypence of a society with four sector of people (four deciples)
- Construction of the first stupa
- Highlight the service of king Devenampiya Tissa with examples

Quality inputs

Prepare the materials according to the lesson plans

Instructions for assessment and evaluations

Concepts- (four deciples) Four sector of people - Bhikkhu, Bhikkhuni, Upasaka, Upasika

Competency Level

5.2.2 Develops good qualities through the influence of Buddhism in building up a moral society

No. of Periods : 02

Learning outcomes

- Points out the inheritance of Buddhism
 - Explains how a moral society was raised
 - Illustrate how a virtues modern society could be built in the light of examples of the pest

Instructions for planning lesson

Plan the lession with reference to the following:

- 5.2.3 The effects of Buddhism
 - Changes caused by Buddhism in various fields
 Point at the following
 How the Buddhism was tranformed by the essimilation of pre-Buddhist aults, rituals and ceremonies
 Explains with examples
 - Organized religion
 - worshiping of rocks and mountains worshiping of Bodhi tree and stupa
 - Of ferings to the dead -Transfering of merit to the dead people
 - Offerings to the God of fire offering of Lights
 - Of ferings to Yakkas and Yakkanis with food-alms givings
 - Art of writing and literature
 - Pattern of economy
 - Folklife
 - Completion of a table using the changes caused in the Sri Lankan society due to the introduction of Buddhism

Do the following activities illustrating the above subject matter

- Do this as an individual activity
- Show the table in annex 01 to the class
- Ask the students to copy thr table using the text book
- Give necessary guidance and assistance when the activity is in progress
- Ask the students to complete the table using the text book

Instructions for Evaluation and assessment

Pay attention on the following

- Specify the contributions inherited by Budhism
- Appreciates the contributions inherited by Buddhism
- Completes the table correctly
- Follows the teachers' instructions
- Completes the activity within the time frame

Quality inputs

Get materials required to the lesson

Peligiaus impact	Social impact	Economical impact	Art of writing and literature

Annexe 01

Complete the following table referring to the contributions inherited by Buddhism

5.3 King Dutugemunu

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

Competency Level

5.3.1 Illustrates the greatness of king Dutugamunu

No. of Periods : 04

Learning outcomes:

- Explains how King Elara become virtuous
- Describes the career of king Kavantissa
- Explains the greatness of king Dutugenunu

Instructions for planning lesson

•

Plan the lession using the subject matter given below

5.3 King Dutugemunu

- Childhood
 - Parents
 - Legends related to the childhood
- King Elara
 - Depiction in Mahavamsa as a virtuous king
 - Sense of justice and compassion towards the people
 - Respecting the old tradition
- King Kavantissa
 - Steps taken by king Kavantissa to overcome the contemporary challenges
 - Organization of troops
 - Unification of Rohana
 - Bringing about economic prosperity
 - waiting till the time ripes
- Unification of the country by King Dutugemunu
 - Liberation of the country from the foreign authority was his major aim
 - Organising troops and giving leadership to war
 - Becoming the campaign of liberation undisputed master of whole island

Quality input

Get materials required to the lesson

Instructions for assessment and evaluation

Award marks using a criteria that measures the learning outcomes related to the lesson

Competency Level

5.3.2 Appreciates the religious service of king Dutugamunu by internalising his good qualities

No. of Periods : 01

Learning outcomes:

- Explains king Dutugenunu's religious service
- Uses examples from the past for a virtuous society at present

Instructions for lesson planning

Plan the lession using the subject matter given below

5.3.2 Construction of temples

- The service rendered by king Dutugemunu to foster Buddhism
 - Construction of temples and stupas
 - Mirisavetiya, Lovamahapaya, Ruwanvelisaya (watch vedio clip No:10)
 - Holding the festivals on Vesak poya day
 - Explain the examples that can be drawn from the life of king Dutugenunu

Quality input

Get materials required to the lesson

Instructions for assessment and evaluation

5.4 King Valagamba

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

Competency Level

5.4.1 Appreciates the greatness of king Valagamba and internalises examples from his life

No. of Periods : 03

Learning outcomes:

- Explains the way king Valaganha ascended the throne
- Describes king Valaganba's religious activities
- Illustrate examples from the life of king Valagamba

Intructions for planning lesson

5.4 King Valagamba

- The youngest son of king Saddhatissa
- Accession to the thrane
- Religious services of King Valagamba
- Construction of Abhayagiri Monastery
- Construction of Abhayagiri Stupa
- Abhayagiri stupa surpassed the Mahastupa in size
- Of fering of Abhayagiri Monastery to Kupikkala Maha Tissa Thero
- Later Abhayagiri complex became an International Education centre
- The other temples and stupas contructed by him
- Writing down of the canon (Tripitaka) in books
- Explaining the causes that induced to commit the cannon to writing
 - The prolonged of Baminitiya (14 years)
 - The monks who preserved cannon orally hitherto had gone abroad, and some were dead

To prevent the vanishing of Buddhist scriptures hitherto had been handed over orally, it was written down in books at the cave temple of Aluvihara in Matale.

Concepts :

Oral transmission : The buddhist scriptures were handed down orally. Baminitiya Saya : It is a famine which lasted for 14 years.

Quality input

Get materials required to the lesson

Instructions for assessment and evaluation

6.5.5 King Vasabha

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

Competency Level

5.5. Explains the achievements of king Vasabha

No. of Periods: 03

Learning outcomes:

- Illustrates how king Vasabha ascended the throne
- Explaines the administration of King Vasabha
- Explains his economic activities

Intructions for lesson planning

Plan the lession using the subject matter given below 5.5 King Vasabha

- The first King of the Lanbakama dynasty
- Accession to the thrane
 - Accession to the thrane by facing challenges
 - Establishing a unicentric rule in the entire country
 - Division of provinces
- Economic Activities
 - Expansion of the village tark system prevailing at the time
 - Tanks (medium scale tanks), canals (Yodha Ela), under ground aqueducts
 - Constructing of an irrigation system
 - Taxation

Quality inputs

Get materials required to the lesson

Instructions for assessment and evaluation

6.5.6 King Mahasen

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

Competency Level

5.6 Illustrates the greatness of king Mahasen

No. of Periods: 03

Learning outcomes:

- Describes irrigation activities of king Mahasen
- Illustrates technical skills in construction of tanks
- Explains the activities of king Mahasen

Intructions for lesson planning

Plan the lession using the subject matter given below

5.6 King Mahasen

- Accession to the thrane
- Economic activities
- Construction of large scale reservoirs
 - Construction of a large number of tanks including Minneri tank
- Construction of Elahera canal
 - Canal was enlarged to divert and carry water to paddy fields in the north
 - Carring water to tanks
- Canal was used for the transportation of goods
 - His successful operation in irrigation inspired his subjects to deify him as the God of Minneri
- Explain the religious service of king Mahasen using the facts given below:
 - Construction of Jetavana V ihara encroaching on the boundaries of Maha V ihara
 - Jetavana stupa probably being the largest stupa in the whole Buddhist world at time
 - Construction of ten temples
 eq. Gokanna Vihara, Kalanda Vihara, Manihara Vaharaya etc.
 - Folk stories relating to king Mahasen
 - Ask the students to make a folder containing information about king Mahasen
 - Implement this as an group activity
 - Instruct to bring the essential quality input for the activity listed in Annex 01 on the relevant day
 - Distribute activity sheets (Annex 02) among the groups and direct the students to follows the instructions

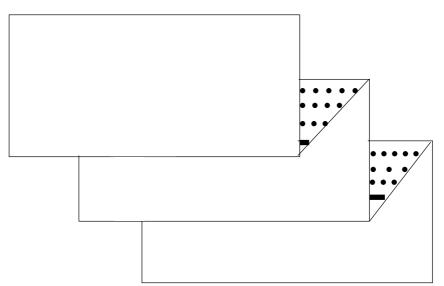
- Give guidence and assistance when required
- If there are more students in the class, make several folders
- After making the folder decorate its first page beautifully with the assistance of all
- review the lesson pointing out thrstengths and weaknesses of the students' creations appreciating the role of the local leaders who took pains for the country's upliftment.
- Do the assessment and evaluation according to following criteria

Instructions for evaluation and assessment

- Presents information about king Mahasen
- Appreciates the service of king Mahasen renderd to the country
- Make a folder stating the informations about king Mahasen.
- Follows instructions
- Manages time

Quality inputs

Annexe 01



Annexe 02

Quality inputs Three A 4 sheets An A3 sheet of similar paper (If there are more students in the class get down more materials to prepare several folders) Text book and other books on King Mahasen Gun, felt pen and colours

Activity sheet

Group 01

- Collects facts under the topic 'The tanks constructed by king Mahasen'
- Fold an A4 paper into two and in one harf, write those facts only on one side with cleare handwriting
- If possible , beatify the work with relevant drawings or pictures
- Paste the prepared column on the second page of the folder

Activity sheet

Group 02

- Collects facts under the topic ' The canals constructed by king Mahasen and their uses'
- Fold an A4 paper into two and in one half, write those facts only on one side in clear handwriting
- If possible , beautify the work with relevent drawings or pictures
- Paste the prepaired column on the fourth page of the folder

Activity sheet

Group 03

- Collects facts under the topic 'King Mahasen's religious service'
- Fold an A4 paper into two and in one half, write those facts only on one side in clear handwriting
- If possible , beautify the work with relevent drawings or pictures
- Paste the prepaired column on the fourth page of the folder

Activity sheet

Group 04

- Collects one or two folk tales about king Mahasen
 - Fold an A4 paper into two and in one half, write those facts only on one side in clear hardwriting
 - If possible , beautify the work with relevent drawings or pictures
 - Paste the prepaired colum on the fifth page of the folder

- Out the A 3 paper or the idential paper to a length so that A4 size papers can be pasted on it
- Fold it as shown in the figure so that four A4 paper can be glued to it
- Paste the group works on the relevant pages of the folder

5.7 King Dhatusena

Competency

• Inquires the greatness of past monarchs of Sri Lanka appreciating their biographies and national service

Competency Level

5.7 Illustrates the services of king Dhathusena

No. of Periods: 03

Learning outcomes:

- Illustrates how king assured kingship
- Explains the economic activities during his reign
- Explains the religious activities of King Datusena

Subject content

Plan the lession using the subject matter given below

5.7 King Dhatusena

- Accession to the thrane
 - The condition of political instability prevailed before his assurption of kingship
 - Continuation of foreign rule continued for nearly 30 years
 - Expelling the foreign invaders and unifying the country
 - King Dhatusena was the first king belonged to the dynasty of Moriyas
 - Explian the economic service of the king under the headings given below:
 - Construction of resevoirs and Canals
- Explain the religious service of the king under the following headings
 - Constructing temples
 - Construction of Avukana statue

Quality input

Get materials required to the lesson

Instructions for assessment and evaluation